

AUG**2022**

# ROADSIDE READER



## WELCOME

### ***Hot enough for ya?!***

These long, hot days can take a toll on the body. Be sure you're staying hydrated:

- Drink a glass of water first thing in the a.m.
- Invest in a good water bottle.
- Set reminders on your smart devices.
- Be mindful of if your body is thirsty.
- Drink a glass of water before each meal.
- Add calorie-free flavoring to your water.
- Set a daily intake goal and maintain it.
- Check the color of your urine. (*Dark yellow urine may be a sign of dehydration.*)

## WE'RE MOBILE

The NAIT members app is the pit stop for unstoppable truckers, from free telemedicine services to the entertainment and business solutions you need.



Follow NAIT on Facebook, LinkedIn, TikTok



FUN FACT

Aug. 11 marks the end of the Dog Days of Summer, which began on July 3.



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PARTNER SPOTLIGHT



Bringing Gender Diversity to Transportation

Aug. 26 is Women’s Equality Day, which celebrates the 1920 ratification of the 19th Amendment and women’s right to vote in the United States. A lot has changed in the past 100-plus years – including Women in Trucking, which encourages employment, addresses obstacles, and celebrates success.



Gender diversity brings new perspectives and fuels more significant idea generation, problem-solving, and innovation, increasing business performance and overall revenue generation. Gain access to relevant market intelligence, content, networking, collaboration, and best practices to help you achieve this.



Women need flexible work arrangements, fair compensation, and inclusive corporate cultures that encourage and support women's professional development and advancement. Find resources, best practices, innovative ideas, and content that help ensure such corporate cultures.



Many companies in transportation are reaping the benefits of solid workforce diversity. See what other skilled individuals and innovative companies are doing to capitalize on the benefits of gender diversity through Women in Trucking’s various awards and recognition programs.

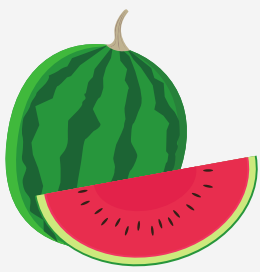


[www.womenintrucking.org](http://www.womenintrucking.org)

RESOURCES

- Career Center
- Mentoring
- Blog
- White Papers
- WIT Index
- Industry Links
- Same-Gender Training





**AUGUST 3**

**National Watermelon Day**

*"When one has tasted watermelon,  
he knows what the angels eat."*

– Mark Twain

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## ROAD EATS

### Grilled Corn in Husks

If you're new to grilling corn in the husks, then season the ears with butter, salt, and pepper. If you like Parmesan Cheese, add that instead of salt – this is especially good! Be sure to give the corn a long soak in water before putting it on the grill. Hot off the grate, the kernels are moist and tender with a beautiful, sweet flavor!

#### Ingredients

- 4 large ears of sweet corn in husks
- 1/4 cup butter, softened
- 1/4 cup grated Parmesan cheese
- Salt and pepper to taste

#### Directions

- Carefully peel back husks from corn to within 1 in. of the bottom; remove silk. Soak in cold water (bucket or large pan in your truck) for 20 minutes; drain. Pat corn dry. Combine the butter and parsley; spread over corn. Rewrap corn in husks and secure with string.
- Grill corn over medium heat until tender for 20–25 minutes, turning often. Serve with cheese.

#### Grilled Corn in Husks Tips

Do you need to soak the corn before grilling?

When you grill corn, it's essential to soak corn in cold water for about 30 minutes beforehand to prevent burning on the grill! Soaking also adds extra moisture, so the interior of the corn steams up as the whole ear is grilled.

#### What can you serve with Grilled Corn in Husks?

You can serve this corn with burgers, hotdogs, or seafood, or enjoy it on its own with a bit of butter and a sprinkle of salt.



#### Three ways to grill corn

Got a load of summer corn? The grill is the best way to cook it – infusing an irresistible charred, smoky flavor!

Finding your perfect method for grilling corn takes a little trial and error. These three methods each have pros and cons and result in a bit different flavor:

- **Grilled corn on the grates:** The fastest! It also gets the most charred flavor from the grill.
- **Grilled corn in foil:** The easiest! It comes out very moist but doesn't have much grill flavor.
- **Grilled corn in husks:** It takes a little longer but has great flavor! It's both moist and charred.





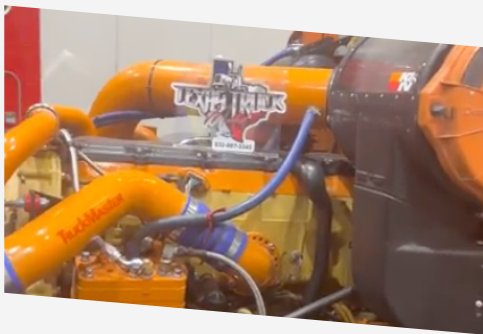
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**GOOD TO SEE Y'ALL!**

Jason and Mona are excited to be back on the road representing NAIT at truck shows and conventions across the U.S. In June and July, they spent time in Houston, Texas, and Walcott, Iowa. We look forward to the Florida Trucking Show in February '23 and hope to see our members and motor carriers on the road!

If you know of a show we should attend, please get in touch with Mona to let us know where you'll be: [memberbenefits@naitusa.com](mailto:memberbenefits@naitusa.com)

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**NAIT BENEFITS**

**Healthcare Insurance Options**


- Affordable Care Act (ACA) Plans
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- Guaranteed Short-Term Disability Insurance
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- Guaranteed Term Life Insurance
- Critical Illness
- Accident (off-the-job)
- Dental
- Vision

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- Epic Vue
- Tuneln

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- NAIT Fuel Program
- Used Truck Purchase Program
- CDL Legal Assistance
- Computer Hardware & Software Discounts
- Form 2290 Truck Tax Assistance
- Heavy Duty Truck Parts
- Accountant & Tax Consultants/Preparation
- Mapping and Navigation App
- Cost-Friendly Sleep Test Mobile App

 To receive a quote for any of these programs, call **(888) 472-4114**.

**MARK YOU CALENDAR**

- Aug. 1-7: International Clown Week
- Aug. 3: National Watermelon Day
- Aug. 10: National S'mores Day
- Aug 12: Vinyl Record Day
- Aug. 13: International Left-Handers Day
- Aug. 20: World Honeybee Day
- Aug. 25: Kiss-and-Make-Up Day

**WORD SEARCH**

X X L W L Y L Q W A J U S K H  
F O R K L I F T D R I V E R W  
W W B E E J M I V T R N O G T  
Z J S Z Q I O Z Z W J T V N L  
V B J X Q A P L J G L R R N A  
C G M T S Q I G D C S U J A S  
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C O Y N H O C A B I N N S C N

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|--------|----------|-------|-----------|
| bumper | engine   | rig   | trailer   |
| cargo  | forklift | semi  | transport |
| cabin  | haul     | shift | trucker   |
| driver | motor    | tire  | wheel     |